



A 15 SESSION GROUP WORKSHOP DESIGNED
TO HELP PARTICIPANTS ACHIEVE AND
MAINTAIN ABSTINENCE THROUGH
WORKING ALL TWELVE STEPS

**INTERESTED?
OA WORKSHOP
ON THE 12
STEPS**

**JULY 23-NOV 5TH 2023
SUNDAY MORN 9-11AM
JULY 23 IS INTRODUCTORY SESSION**

The following OA – approved literature will be used in the workshop sessions and homework assignments:

Workshop Participant guide (attendees will be required to purchase this individual guide at a cost of est \$40)

- The Twelve Steps and Twelve Traditions of OA
- Alcoholics Anonymous, Fourth Edition (The Big Book)
- Twelve Steps and Twelve Traditions by Alcoholics Anonymous
- Overeaters Anonymous, Third Edition
- Voices of Recovery
- For Today

Participants will need their own copies (please borrow them or we may have a couple to loan if you don't have them)

7th tradition taken each week

**Location: TBC could be
ONLINE **OR** FACE TO FACE
in Auckland,
Let us know your preference**

Interested/Questions:

Phone Gabrielle

021 792 797

This is a closed workshop for 4-12 participants. No new members may join after the first Introductory session on Sun 23rd July. Participants commit to attend and fully participate in all sessions and to completing homework tasks.